

Other services available

CatholicCare offers a range of other services to support and nurture families.

- **Family and Relationship Counselling** is for children, adults and families who need counselling to sustain healthy relationships.
- **Post Separation Services** support parents and children after family breakdown.
- **Family Dispute Resolution** offers mediation and conciliation to assist parents with parenting arrangements.

For more information on these services, please visit our website www.ccam.org.au

*“I’m thankful we’re together.
I did a parenting course and
my girls got counselling. We’re
rebuilding our family.”*

About us

CatholicCare are experts in family-focused care and provide a range of family and relationship services, education and school supports, refugee and settlement programs, and pastoral services.

We are the social service agency of the Archdiocese of Melbourne and the Diocese of Sale. We support all people regardless of their religious belief or background.

Integrated Family Services is funded by the Victorian Government Department of Health and Human Services.

Visit www.dhhs.vic.gov.au for more information.

Contact us

To access Integrated Family Services, please contact one of the offices below:

Dandenong

T. 03 8710 9600

Footscray

T. 03 9689 3888

Wyndham Vale

T. 03 9216 7777



ABN 42 795 179 778

CatholicCare acknowledges the traditional custodians of the lands and waters of Victoria, and pays respect to Elders past and present.

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Strengthening families and communities

www.ccam.org.au



Integrated Family Services

Putting children first!

www.ccam.org.au

Worried about your family?

As a parent, it's normal to feel overwhelmed sometimes.

But if family life for your children is unstable or unsafe, you can stop a bad situation getting worse.

With help, you can provide your children with a better quality of life.

You can work towards creating a healthy and peaceful family environment.

Integrated Family Services can help

Integrated family services (IFS) offers in-home support and can connect you with services to increase your parenting skills and help you care for your children.

Children and families can be vulnerable for a range of reasons - because of addiction, mental illness or family violence - but you can work with a case manager to get the support you need.

Everyone deserves to live life to the full.

IFS is available for everyone

CatholicCare is a social service agency that cares for the whole community, regardless of their race, faith, gender, religion, culture and background.

Anyone that is worried about a child or family can access IFS, including children, adolescents, couples and families, including families with an unborn child.

The service is available in a number of offices throughout Greater Melbourne.

How do I access the service?

There are various ways to access Integrated Family Services. Initially, most referrals are received through Child FIRST, or clients can self-refer themselves.

CatholicCare is funded to provide IFS work in the Western, Brimbank Melton and Dandenong Family Services Alliances.

We work in collaboration with both community based Child Protection, as well as Child Protection from the Victorian Department of Health and Human Services.

IFS is confidential

Your privacy is important to us and we will not disclose your personal information without your express permission except when we are required to by law, for example, to protect you or someone you know from harm.

Our case managers care

Our social workers, youth workers and community development workers are professionally trained and qualified.

They specialise in casework and in-home support for families, children and young people with a range of issues, including:

- Alcohol and other drugs
- Child development
- Disability
- Family conflict
- Family violence
- Financial difficulties
- Grief and loss
- Illness
- Mental health
- Parenting issues
- Separation issues
- Social isolation
- Trauma
- Young families

If you're unsure whether you need IFS, you can phone one of our offices to speak with someone before deciding to make an appointment.